

STRAWBERRY BUTTERMILK ICE POPS



You will need:

- 1 pound strawberries, hulled
- 1 cup buttermilk
- 1 cup plain Greek yogurt
- 1/2 cup honey
- 1/4 cup sugar
- Pinch fine salt

Directions:

Puree all ingredients in a blender or in a bowl with a high-power immersion blender until smooth.

Pour into ice pop molds, dividing evenly. Insert ice pop sticks and freeze until firm, at least 4 hours.